



## Välkommen till den 21 Nordiska Bildterapikonferensen i Sigtuna 11-14 juni 2020

### MEDKÄNSLA OCH INKLUDERING I BILDTERAPI

Medkänsla med sig själv och andra; empati med olika sätt att tänka, känna och uttrycka sig; medkänsla med och inkludering av olika kulturer, religioner och värderingar, olika förmågor och oförmågor.

Vi lever i en ny tid, full av utmaningar och förändringar, med snabba kast i många olika riktningar. I en tid när vår värld är i desperat behov av empati, inkludering och delaktighet, både i vårt personliga, inre liv och i en vidare social kontext.

Under Nordiska Bildterapiseminarier hoppas vi kunna utforska på vilka sätt de olika skapande terapiformerna kan möta och tillgodose dessa livsviktiga behov.

Information finns på:

[www.compassionandinclusioninarttherapy.eu](http://www.compassionandinclusioninarttherapy.eu)

# COMPASSION AND INCLUSION IN ART THERAPY

The conference will take place in the beautiful waterside old town of Sigtuna located 20 minutes from the airport and downtown Stockholm.

The conference will include three key note speakers, three Nordic speakers. 15 workshops and 15 lectures including Art Therapy, Movement Therapy, Drama Therapy and Music Therapy.

There will also be performances, activities and time to network with your colleagues, feed your creative soul and develop your skills!

FOR MORE INFORMATION AND REGISTRATION PLEASE SEE:

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## KEY NOTE SPEAKERS



### *Christine Kerr*

Christine Kerr, Ph.D., A.T.R.-BC, LCAT has been the Director of Clinical Art Therapy Programs at LIU, Post for the past 25 years and a professor for over 29 years. Dr. Kerr holds a Ph.D. in Clinical Psychology and has been a practicing board certified clinical art therapist for over 45 years. Dr. Kerr maintains an active private practice and her main focus is family and couples therapy and Social Action initiatives. .Routinely Dr. Kerr has been invited to lecture internationally on family therapy, family art therapy and Social Action. Her lectures have been featured throughout Eastern and Western Europe, Asia, Russia, the Far East and Central and South America. In 2008, Dr. Kerr spearheaded, edited and authored the recognized title Family Art Therapy, published by Taylor-Rutledge (245 pages). This text has been translated into six languages. It is currently being translated into Russian. In 2015 Dr. Kerr, published the first International Multicultural Family Art Therapy.



### *Jonathan Isserow*

Jonathan Isserow has a PhD in psychoanalysis and documentary film studies from UCL, and an MA in Psychoanalytic Observational Studies from the Tavistock Clinic. He is a state registered psychotherapist who has worked extensively within child, adolescent and family psychiatry. He Programme Convenes the art psychotherapy training at University of Roehampton, London. Jonathan in his paper presentation aims to innovatively advance art psychotherapeutic theory and develop a more compassionate and inclusive epistemological base.



### *Vera Heller*

Vera Heller is currently an art therapy professor at the University of Quebec in Abitibi-Témiscamingue, Canada. She is an art therapist, social worker, psychotherapist and visual artist. She obtained her Ph.D. in Expressive Therapies from Lesley University in the United States. Her research revolves around cross-cultural issues and the topics of displacement, mourning, individuation and the artistic process. Vera used to facilitate a variety of workshops in Quebec, Cuba, Mexico and Brazil that became the foundations of her further inquiries. The workshop titled «My life, an artist's book» eventually constituted the cornerstone of her work on narrative identity. Vera obtained a bachelor's degree in Fine Arts at Concordia University in Montreal. She currently maintains a regular artistic practice. She has participated in various invited individual and group exhibitions in Quebec, the United States and Switzerland. She uses

geographic maps as metaphors of displacement and the mediums of collage and painting in her artwork.

## Konferens i Sigtuna 11-14 juni 2020

*Torsdag kväll 11 juni planerar vi en spännande aktivitet för att inviga konferensen. Konferensen öppnar kl. 9.00 den 12e juni 2020. Aktiviteter för kropp och själ kommer att börja vid 8.45 13e och 14e juni. På konferensen kommer man att få lyssna till 3 keynoteföreläsare, 3 nordiskföreläsare, 9 föreläsare från Norden, Europa och USA. Deltagare kommer att få välja från 15 olika workshops. Konferensen ska avslutas kl 14.00 den 14e juni. En galamiddag och en utflykt kommer att anordnas. Den kompletta schema kommer att publiceras i januari 2020.*